

HEAT

Offers a Helping Hand to Neighbors in Need

Recipient Highlight: Penny Penny has been a home infusion nurse for almost 25 years, visiting patients with immune deficiency in their homes to administer IV antibiotics and other medication. "My best quality is compassion," she says. "I became a nurse to help people in need, such as the elderly and individuals who are dying."

When the country shut down due to COVID-19, doctors stopped referring patients for home treatments. Penny found herself unemployed in what seemed like an instant. Many of the people she served as a nurse were senior citizens living on limited Social Security and government assistance. She never thought she would need the same assistance one day, and as a few weeks turned into months, her hope dwindled for receiving unemployment benefits.

With less than \$200 a week, Penny was in survival mode. Among her growing financial troubles was her heating bill, which was significantly past due. A source of hope came when Penny's friend told her about HEAT's energy assistance funds that she could receive through the local community action agency. She wasted no time preparing the required documents to apply. Penny received the assistance she needed and is grateful for the help in paying her heating bill.

When the country shut down due to COVID, Penny was left without a job.



You Can Help} Here are 3 easy ways to partner with Walton Gas to help neighbors in need.

1. Donate online at heatga.org.

2. Make a recurring donation. My account number: _____

*Recurring amount: \$10 per month \$5 per month \$2 per month \$1 per month Other _____

Please return this form with your bill or call 770-267-2505.

*Walton Gas will add the amount you specified above to your bill each month unless otherwise notified. All donations are tax deductible.

3. Make a one-time donation of: \$500 \$250 \$100 \$50 \$25 or \$_____ (other amount).

\$500 will help at least two deserving families stay warm this winter. **Any amount is appreciated!**

Name _____ Phone _____

Street Address _____

City _____ State _____ Zip _____

E-mail _____

Please send this one-time donation form to:
HEAT
P.O. Box 849
Smyrna, GA 30081

Gas provider: Walton Gas

HEAT is the oldest statewide fuel fund program in Georgia.

HEAT has distributed \$28 million to nearly 115,000 families since it began in 1983.

Eighty cents out of every \$1 donated to HEAT goes directly to help families in need.

Average income of households assisted by HEAT last year was \$10,232.

TAKING STEPS IN THE Right Direction

EMPLOYEES WALK FOR GA'S BREAST HEALTH PROGRAMS



A Fall
Favorite

gas up the stove Pumpkin Bread

5 cups flour	1 1/2 cups vegetable oil or olive oil
4 1/2 cups sugar	
3 teaspoons baking soda	3 1/2 cups 100% pumpkin puree
2 1/4 teaspoons salt	1 cup cold water
1 1/4 teaspoons cinnamon	6 eggs
1 1/2 teaspoons nutmeg	2 teaspoons vanilla

Mix all ingredients. Bake in two greased loaf pans for 1 hour at 350 degrees. Stick toothpick in the center of loaf. If toothpick comes out clean, the loaves are done

Remove from oven and cool for 10 minutes. Then remove from pans and place on wire rack to finish cooling.

Submitted by Cheryl Sturgess of Lawrenceville.

Featured recipes are not independently tested, so we must depend on the accuracy of the cooks sending them. Always use safe food handling, preparation and cooking procedures from the recognized experts.

SEND US YOUR RECIPES! The best entry each month will appear in the Gasette and receive a FREE cookbook.

Send recipe, name, address to:

Walton Gas; Attn: Recipe
P.O. Box 260
Monroe, GA 30655
or gasette@waltonemc.com

In the 12 consecutive years she and fellow Walton Gas employees have participated in the Georgia 2-Day Walk for Breast Cancer, Monica Gaither has taken every step — more than 800,000 of them — of the 30-mile course.

Monica and co-worker Kathy Ivie have participated in the walk every year Walton Gas has sponsored the fundraising event. Joined by eight other Walton Gas employees, they completed this year's walk on Oct. 2 and 3. This year's team raised \$30,000, bringing their overall contribution to more than \$400,000.

"The biggest thing that motivates us is keeping in mind how much our loved ones suffer and the pain they endure during the healing, the chemo and radiation," Kathy said. "We feel that if they can take that, then 30 miles is nothing compared to their pain."

Walk proceeds pay for mammograms, clinical breast exams, genetic counseling and testing, biopsies, patient support services and education in more than 100 Georgia counties.

During the 2021 event, Walton team members combined to walk 300 miles — about 675,000 steps toward caring for their Georgia neighbors.



Monica Gaither has walked the full 30 miles each of the 12 years Walton Gas has sponsored the Georgia 2-Day Walk for Breast Cancer. She walks in memory of her mother who had the disease.



This is the 12th year Walton Gas is sponsoring the event that raises money for Georgia breast health programs. Employees pictured at the 2018 walk are, from left, Marcy Freeman, Tassie Kirven, Courtney Wray and Kathy Ivie.

GEORGIA PROUD
Walton GAS

Toll Free **866-WEMCGAS** (936-2427)
or **770-267-2505**

Front Counter Hours
Weekdays, 8 AM to 5 PM

Call Center Hours
Weekdays, 7 AM to 7 PM

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Call Atlanta Gas Light
to report gas leaks or
emergencies anytime.

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770-907-4231

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